

The Maths of Your Mess

Pick a collection, a hobby category, or honestly anything you own a lot of. This is the **loft-maths** from the book, pointed at your own stuff. A biro and five minutes, no measuring tape, no square footage. Be honest, and be kind about what you find.

What are we counting? _____

One category per sheet – vinyl · LEGO sets · yarn · unread books · unpainted minis · bikes · trainers...

Sum 1 The stockpile *how much future have you already bought?*

How much of it do you actually own?

Realistic rate you use, build, wear or play it, per month:

So you have **months' worth** already – which is about **years' worth**.

Sum 2 The joy maths *what does the good stuff actually cost?*

Roughly what have you spent on it overall? £

How many of those items have you **genuinely enjoyed** in the last twelve months?

Cost per genuinely-enjoyed item this year: £

Sum 3 The rented tap *only if you pay for storage outside your home*

Skip this one guilt-free if everything lives at yours. Your own cupboards, loft and shed are free, and using them well is the whole point of the system. This sum is only for space you pay for.

The unit or locker costs, per month: £ and you've had it **months**.

So you've paid about £ so far.

And re-buying what's actually in there would cost, roughly: £

THE HONEST QUESTION — THE ONE THIS WHOLE SHEET EXISTS FOR

Would you buy it again, at today's cost-per-use?

If the answers made you wince, that's not a failure – it's information. The wince is the start of turning the tap down on purpose, instead of by accident. No skip required, no big blitz. Just a tap, turned.